Logos Universality Mentality Education Novelty: Social Sciences
ISSN: 2284-5747 | e-ISSN: 2458-1054
Covered in: ERIH PLUS, CEEOL, J- GATE, CrossRef, CrossCheck, Google Scholar, Ideas RePeC, Econpapers, Socionet, KVK, WorldCat, ICI Journals Master List - Index Copernicus.

2025, Volume 14, Issue 2, pages: 65-69 | doi: https://doi.org/10.18662/lumenss/14.2/121

Book Review of "Planificarea teritoriala integrata a unui sistem montan omogen. Microregiunea Pãdurea Craiului", by Daniela Antonescu, 2025, LUMEN

Radu REY[1]

[1] Professor Phd, Honoris Causa, Honorary Member of the Romanian Academy and the "Gheorghe Ionescu Şişeşti" Academy of Agricultural and Forestry Sciences**;** Director of Center of Mountain Economy, "Costin C. Kiriţescu" National Institute for Economic Research (NIER), Romanian Academy;
cabinet_fmr@yahoo.com

Abstract: *The book titled "Planificarea teritoriala integrata a unui sistem montan omogen. Microregiunea Padurea Craiului" [Integrated Territorial Planning of a Homogeneous Mountain System. Padurea Craiului Microregion], published in May 2025, is the latest book by the author, Daniela Antonescu, scientific researcher II at the Mountain Economy Center of the Romanian Academy. With over 25 years of experience in academic research, the author follows the trajectory of the integrated territorial planning and development process in the Padurea Craiului Microregion, providing a complete, relevant and objective picture of the profile of this Romanian mountain area characterized by a special beauty and importance.*

Keywords: *integrated territorial planning; homogeneous mountain system; Pădurea Craiului microregion; Daniela Antonescu.*

How to cite: Rey, R. (2025). Book review of "Planificarea teritoriala integrata a unui sistem montan omogen. Microregiunea Pădurea Craiului", by Daniela Antonescu, 2025, LUMEN. *Logos Universality Mentality Education Novelty: Social Sciences, 14*(20, 65-69. https://doi.org/10.18662/lumenss/14.2/121

©2025 Published by In Manifest Network in partnership with LUMEN Publishing. This is an open access article under the CC BY-NC-ND license https://creativecommons.org/licenses/by-nc-nd/4.0/

On "Integrated Territorial Planning of a Homogeneous Mountain System. Padurea Craiului Microregion"

The book entitled "*Integrated territorial planning of a homogeneous mountain system. The Pădurea Craiului microregion"*, published in June 2025, is the latest book by the author, PhD. Daniela Antonescu, a scientific researcher II at the Center for Mountain Economy of the Romanian Academy. After 25 years of experience in academic research, the author has dedicated her entire scientific career to a field that focuses on the territory, regardless of the level of approach (micro-region, urban area, rural, mountain, development region). Continuing her academic research on mountain areas, the author, now, comes with a new volume based on scientific analyses and interpretations entitled *Integrated territorial planning of a homogeneous mountain system. The Pădurea Craiului microregion.* This is the second volume, the previous one being published in 2024 and entitled *Integrated territorial planning of a complex mountain system. The Dornelor Basin microregion*, LUMEN Publishing House (Antonescu, 2024; Rey, 2024).

The integrated territorial planning and development process in the Pădurea Craiului Microregion is traced in this book, which offers a comprehensive, pertinent, and unbiased view of the profile of this mountainous region in Romania that is unique in its beauty and significance.

The study provides a detailed examination of the economic and social development of the homogeneous Pădurea Craiului microregion in Bihor County, as well as the changes and transformations occurring within its eight constituent administrative units (Răbăgani, Pomezeu, Dobreşti, Roşia, Căbeşti, Curățele, Budureasa, and Pietroasa).

Integrated territorial planning, which is regarded as an ongoing and sustainable process, is founded on interdependent legislative and institutional elements that create new kinds of connections between the various component UATs, between fields and sectors of activity, and between central, local, and community bodies in order to maintain optimal living conditions and improve quality of life. (Rey, 2024).

Given the homogeneity of the Pădurea Craiului mountain area, the book offers a global picture of the integrated development process and from the perspective of the evolution of local development and planning trends.

To support the scientific framework on which it is based, the book employs two main approaches. The first focuses on theoretical and methodological aspects, addressing the full range of territorial perspectives from the standpoint of integrated local planning. In addition to discussing conceptual approaches, critical analyses, and methods and models for

assessing the effects of local development strategies, it also covers the contributions and insights of experts in sociology, economics, urban planning, and related disciplines that have influenced the discipline's development. The second strategy emphasizes the goal of integrated territorial coherence and the reduction of economic and social imbalances among the mountain localities that make up the region. It is applied to the existing reality of the Pădurea Craiului area in Bihor County.

The specific objectives proposed and analyzed as follows:

- the show the main elements of the integrated territorial planning process;
- the presentation of theories and theoretical approaches regarding territorial resilience, in evolution and the most important influencing factors;
- the presentation of the economic and social profile of the Pădurea Craiului microregion, in all its aspects;
- SWOT analyses for each of the areas analyzed in the microregion profile;
- the identification of the main instruments to support an integrated territorial planning;
- the presentation of specific elements of sustainable development at the territorial/regional level (regional operational programs, specific development strategies, etc.)
- the identification of the main directions and developments of a future sustainable development strategy for the Pădurea Craiului microregion.
- the reviewing the main directions and strategies of territorial development aimed at territorial resilience in the context of the 2030 Agenda for Sustainable Development.

The interest in the issue of integrated territorial development and planning of a mountain microregion is relatively high, which gives this subject real, theoretical and practical importance. The book provides scientifically documented and supported answers to the following questions:

- Describing the most recent developments in the ideas of resilient and integrated territorial planning?
- Evaluating inequalities at the mountain microregion level and how to mitigate or counteract them?
- What are the primary tools for supporting the mountain area, and what is the function and significance of territorial cohesiveness at the level of complicated mountain areas?

- determining the territorial cohesion policy's prospects for the 2030 timeframe and the post-2027 future programming period.
- From the standpoint of the development of intricate mountain regions like Pădurea Craiului, what are the prospects for integrated territorial development in Romania? (Rey, 2024)

Significant theoretical and practical advances are made in the book about the approach to an integrated planning process for a homogeneous mountain system. In addition, it supports the mountain region's sustainable development process from the standpoint of three distinct dimensions: environmental, social, and economic preservation. Political commitment and the participation of all parties involved in this significant undertaking are necessary for the integration of three elements. The author highlights the significance of considering the role of territorial planning, which is seen as an essential tool for decision-making that can support social development grounded in practical choices, sustainable and integrated economic growth, and the participation of all those for whom living in the mountain region is a way of life.

The optimistic message conveyed by this new volume alludes to the idea that life is like climbing a mountain, reaching the summit, then descending and beginning anew.

Recommendations for the future (possibly the next edition)

- At the level of farms and small to medium-sized mountain homes, the study explores the unique traits and priceless customs of the agro-zootechnical economy, emphasizing those practices with sustainable and repeatable value.
- Choosing agricultural resources that can offer a chance for the differentiated capitalization of small and medium-sized mountain households, emphasizing the components of agricultural and complementary development that can contribute to the stability and sustainability of a mountain economic system focused on the quality (Rey, 2024) and added value of agri-food "mountain products"; • Reducing physical labor and improving hygiene in animal shelters; and • Improving the handling of feed, especially hay, and milk and its derivatives.

Statement on the Use of AI Tools | *No AI-assisted technologies were used in the writing, editing, or data analysis for this manuscript. All work is original and completed solely by the listed author.*

References

Antonescu, D. (2024). *Planificarea teritoriala integrata a unui sistem montan complex. Microregiunea Bazinul Dornelor* [*Integrated Territorial Planning of a Complex Mountain System. Dornelor Basin Microregion*]. Editura LUMEN

Antonescu, D. (2025). *Planificarea teritoriala integrata a unui sistem montan omogen. Microregiunea Pădurea Craiului [Integrated Territorial Planning of a Homogeneous Mountain System. Padurea Craiului Microregion]*. LUMEN

Rey, R. (2024). Book review of "Planificarea teritoriala integratã a unui sistem montan complex. Microregiunea Bazinul Dornelor" [Integrated Territorial Planning of a Complex Mountain System. Dornelor Basin Microregion]. *Logos Universality Mentality Education Novelty: Social Sciences*, *13*(2), 126-131. https://doi.org/10.18662/lumenss/13.2/111